

position at Coca-Cola, a dream job working in sports and entertainment. "It was a truly phenomenal job that came at just the right time." She applied and was hired, and her first negotiation was with her hometown baseball team: the St. Louis Cardinals. Just because she's a Cardinals fan doesn't mean it was easy: the negotiation was contentious and full of debate. Then she tackled an Olympics deal, and a Star Wars and Disney promotional package. She was in heaven, and her success kicked off her career at Coca-Cola.

Opportunity knocked from an unlikely, and less than appealing, source. Was she interested in moving to the warehouse juice side of Coca-Cola's business? She had met Jennifer Aniston and worked with Lebron James and his team, so transferring to this new line didn't spark excitement. "Everything in me said 'no,'" she said, "but then I talked to some of my mentors and got a really great piece of advice that I have relied on ever since: always take the path less traveled."

By taking these new leaps, Douglas developed unique skill sets that offered leverage for better positions later. The juice business provided her with valuable experience in supply chain, marketing, and manufacturing. She credits the job she had grudgingly accepted with setting the trajectory of her career. "The next time an opportunity came open it was a leadership role. A new, external woman came in who didn't know anything about the company; she reorganized and created this leadership role that was supply chain and operations. My name kept surfacing as someone who had the experience but I was very junior," Douglas said. Despite her junior status, she earned a trial run for the role. Douglas spent the next eight months building relationships and learning the business, preparing herself for the job she wanted. She earned the position and was firmly on the leadership track.

Douglas credits her mentors and other leaders with helping her find her way, and she recognizes the power of developing talent. The most gratifying part of her work today is "watching people grow into their full potential and unlocking doors to make sure that happens." After 17 years at Coca-Cola, she still enjoys working for a company that is connected to the community and

Some of Monica Howard Douglas '90 Mary Anstitute Accomplishments



Varsity Basketball MVP and First Team All Conference in 11th grade



Monica Howard Douglas '90



Varsity Basketball and Track all four years and Captain of Track Team in



Varsity Field Hockey Captain, Team Missouri All-Star, and Second Team All State in 12th grade

- 01. The 1990 MI yearbook includes this image with the caption "Senior and star player Monica Howard takes the ball down the court."
- 02. Douglas' parents included this photo of her in action on the basketball court in their senior yearbook ad.
- 03. Senior photo of Monica Howard Douglas '90.
- 04. The 1990 MI yearbook includes this image with the caption "Monica Howard, our all star team player, leading the M.I. gators to another victory."

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doing good, and that espouses values aligned with her own. She appreciates the platform to be able to accomplish goals she set when she was in school.

Mentorship happens outside of Douglas' office, too. Having grown up in a family that stressed the importance of giving back, she weaves this mission into her life. "I can't remember a time when we weren't involved in charitable work. That's who I am and how I operate. My passion has always been children, and I know I can make a difference there and impact change." She serves on the board of Cool Girls, an organization that works with girls from underserved communities from middle school through senior year to prepare them for life and college. The program addresses issues, helps participants through the college process, and partners with their schools to ensure success. "It's right up my alley," said Douglas. "I have been on the board long enough their success." She's also on the board of Junior on children and teens, helping them develop

the headmaster's office, pulling teachers from classrooms, and showing up uninvited to the faculty meetings—in an effort to highlight and demand redress for issues of racial bias and stereotypes the students were experiencing and to push for more diversity amongst the faculty, student body, and administration. Douglas felt embarrassed at the time, as her father had gained a reputation as a troublemaker and she also noticed that he seemed to be the only parent engaging on these sensitive racial issues. Today, she understands the importance of his advocacy and she channels that courage and determination displayed by her father into her own efforts to push for change. She is happy to see the progress that MICDS has made in diversifying its student body, faculty, and curriculum, and she recognizes there is much more work to be done. Besides her career and her non-profit work, husband, Derek, and explaining to colleagues on Zoom calls that the snoring they're hearing is Hudson, the family's overweight Boston

Besides her career and her non-profit work,
Douglas stays busy raising two children with her
husband, Derek, and explaining to colleagues
on Zoom calls that the snoring they're hearing
is Hudson, the family's overweight Boston
Terrier-ish pandemic puppy. "He has snored his
way through every call," she laughed. Hudson
fits perfectly in the chaotic Douglas family, "no
matter how many obedience schools we send him
to, he does his own thing." Her nine-year-old son,
Blake, and 11-year-old daughter, Peyton, have
large personalities and they "got all the extremes
of both of us. We are a wild house; there is always
activity and drama and chaos." She is proud of her
children, from Blake's intense curiosity whenever
he hears a new accent on her business calls to

during her 14-year tenure at the school. This

lack of diversity impacted her experience at MI

in such a profound way that she has made the

pursuit of fairness, diversity, equity, and inclusion a part of her professional and personal purpose.

She remembers hesitantly delivering her senior

student at a predominantly white institution. Her

classmates and teachers were very surprised but

supportive and she wished she had the courage

issues of racial bias during her school years, her

for her and the rest of the Black students at MI

parents consistently and persistently advocated

and CDS. She feels so blessed and proud to have

had the advocacy and involvement of her parents

to protect, support, and guide her through those

years. She vividly recalls seeing her father at the

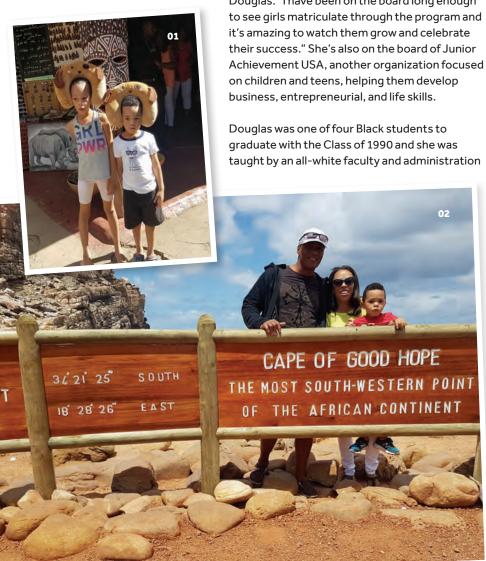
school on an almost monthly basis—barging in

While Douglas was reluctant to address the

to speak up sooner.

speech about the challenges of being a Black

- O1. While living in South Africa,
 Peyton (6) and Blake (4) became
 fully immersed in the culture
 and began to believe they were
 South African. In this picture,
 they tried to create their own
 African headdress after visiting
 a South African tribal village.
- 02. Amongst their many travels throughout Southern Africa, the family is pictured here at the Cape of Good Hope in South Africa.



"Because of the class size and engagement of the teachers, Hearned how to be a leader and how to use my voice effectively...learning how to network, build those relationships, form the friendships, and relate to the teachers is a skill I still use."

MONICA HOWARD DOUGLAS '90

Peyton's work to overcome learning differences at a college prep school that reminds Douglas of Mary Institute. "Watching her has been inspiring to the rest of us," she said.

In her spare time, Douglas plays golf and runs, and reads voraciously in several different genres. She's a wine enthusiast, an interest stoked by four years in South Africa where wine was affordable, good, and a way of life. And she plays poker. Really, really competitive poker. When Douglas was at the law firm, she tried to find a way to connect with her colleagues. "All the movies are true," she said. "It's a grind for young associates, and it's a difficult introduction to being a lawyer." Some of the big influencers at her firm were poker players, so Douglas taught herself to play and invited herself to a game. After she won she was invited again—the other players wanted to win their money back. Ever competitive, she eventually entered a year-long game with monthly competitions where winners collect points. She earned enough points to enter the World Series of Poker and credits her work as a lawyer in building her poker face.

There's no poker face when Douglas talks about her time at Mary Institute. Her eyes light up as she fondly remembers May Day and Lessons and Carols. "I can still sing the hymns that we all memorized and knew so well," she said. She has been trying to make the famous Mary I yellow rolls known and loved by her fellow alumnae. She also recalls the day in her junior year when she and her classmates were allowed to attend classes on the CDS campus. "We used to sneak

before we were allowed," she confessed. She spoke of the excitement leading up to that day, and then feeling important as they walked over and sat in that first class with boys.

Douglas credits Mary Institute for equipping her for everything that was to come. "MI was harder than college in a lot of ways," she said. Gym class and athletics were her outlet, and she relished the freedom to run around and exercise during and after school. She still reminds herself to take time to move during intense days at work. The threeseason athlete played field hockey and basketball and ran track. She said, "I learned so much through high school sports that I utilize today, such as how to collaborate, how to lead but still be on a team, how to play a role that is effective and impactful while trying to work as a team. I'm really competitive naturally which is why I competed in so many sports, but I learned how to harness that in a productive way, how to deal with wins and losses, and how to take direction from a coach who knows more than you do."

Douglas' professional life is unpredictable, and she loves it. "You have no idea what you're walking into every day," she said. "It sounds like making and selling soda is a very simple proposition but because we are one of the most recognized brands and in every country but two, you can imagine the issues that surface and the characters we deal with." She also enjoys the challenge of working with people from around the world and, when there isn't a pandemic, traveling.

Mary Institute ensured that Douglas was not only prepared for college, but for her career. "I learned how to tackle really complicated situations, how to organize my thoughts and my writing, how to be persuasive," she said. "Because of the class size and engagement of the teachers, I learned how to be a leader and how to use my voice effectively. I learned to work across a lot of different groups. I was different from a lot of the students at Mary I, so learning how to network, build those relationships, form the friendships, and relate to the teachers is a skill I still use."

From the teachers who made difficult subjects relatable and showed infinite patience and kindness, to the relationships that taught her how to lead and to work in a team, Mary I gave Douglas the tools she needs to make a difference in the world today, and it's clear she's making quite an impact.







01. Blake (9), Hudson (1), and Peyton (11), awaiting carpool for school.

- 02. Raymond Howard '89 and Heather Howard Simpson '92.
- 03. Heather Howard Simpson '92 and Monica Howard Douglas '90.